

# One Heart Cry 24-7, Prayer for New York State *-Sign-up*

Day of the month:

Week of the month:

Time	Name	Time	Name
12:00 am—12:30 am		12:30 am—1:00 am	
1:00 am— 1:30 am		1:30 am—2:00 am	
2:00 am— 2:30 am		2:30 am—3:00 am	
3:00 am— 3:30 am		3:30 am—4:00 am	
4:00 am— 4:30 am		4:30 am—5:00 am	
5:00 am— 5:30 am		5:30 am—6:00 am	
6:00 am— 6:30 am		6:30 am—7:00 am	
7:00 am— 7:30 am		7:30 am—8:00 am	
8:00 am— 8:30 am		8:30 am—9:00 am	
9:00 am— 9:30 am		9:30 am—10:00 am	
10:00 am—10:30 am		10:30 am—11:00 am	
11:00 am—11:30 am		11:30 am—12:00 pm	
12:00 pm—12:30 pm		12:30 pm— 1:00 pm	
1:00 pm— 1:30 pm		1:30 pm— 2:00 pm	
2:00 pm— 2:30 pm		2:30 pm— 3:00 pm	
3:00 pm— 3:30 pm		3:30 pm— 4:00 pm	
4:00 pm— 4:30 pm		4:30 pm— 5:00 pm	
5:00 pm— 5:30 pm		5:30 pm— 6:00 pm	
6:00 pm— 6:30 pm		6:30 pm— 7:00 pm	
7:00 pm— 7:30 pm		7:30 pm— 8:00 pm	
8:00 pm— 8:30 pm		8:30 pm— 9:00 pm	
9:00 pm— 9:30 pm		9:30 pm— 10:00 pm	
10:00 pm—10:30 pm		10:30 pm —11:00 pm	
11:00 pm—11:30 pm		11:30 pm— 12:00pm	